



Lake School Menu



November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast: <u>Yogurt Parfait, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins , Milk	2 Breakfast: <u>Cinnamon Roll, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Grilled Cheese, Gr. Salad, Chicken, Veg. & Rice Soup, Pears, Milk	3 Breakfast: <u>Muffin, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Hot Dog,, Gr. Salad, Baked Beans Baby Carrots, Fruit, Milk
6 Breakfast: <u>Oatmeal, Or Cereal, St. Cheese,</u> Fresh Fruit, Juice, Milk Lunch: Chicken Pasta, Gr. Salad, Carrots, Pears, Roll, Milk	7 Breakfast: <u>Banana Bread, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Soft Taco, Gr. Salad, Refried. Beans, Peaches, Milk	8 Breakfast: <u>Bagel w/cream cheese, Or</u> <u>Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Baked Ham, Rice Pilaf, Gr. Salad, Broccoli, Pineapple, Roll, Milk	9 Breakfast: <u>Breakfast Bun, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Turkey Gravy, Mashed Potatoes, Gr. Salad, Apple Crisp, Roll, Milk	Veteran's Day (No School)
13 Breakfast: <u>Waffles, Or Cereal, St. Cheese,</u> Fresh Fruit, Juice Milk Lunch: Chicken Fajitas, Gr. Salad, Refried Beans, Mixed Fruit, Milk	14 Breakfast: <u>Biscuits w/Gravy, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Pulled Pork Sandwich, Gr. Salad, Gr. Beans, Peaches, Milk	15 Breakfast: <u>Yogurt Parfait, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Cheese Pizza, Gr. Salad, Mixed Veg. Pineapple, Milk	16 Breakfast: <u>Lemon Scone Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Taco Pocket, Gr. Salad, Corn, Pears, Milk	
20	21	22	23	24
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <h2>Thanksgiving Break</h2> </div>				
27 Breakfast: <u>French Toast Sticks, Or Cereal,</u> St. Cheese, Fresh Fruit, Juice Milk Lunch Corn Dog Gr. Salad, Carrots. Pineapple, Milk	28 Breakfast: <u>Buttermilk Bar Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch Nachos, Gr. Salad, Refried Beans, Peaches, Milk	29 Breakfast: <u>Breakfast Croissant, Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: BBQ Baked Chicken, Mashed Pot. w/ gravy, Gr. Salad, Mixed Fruit, Roll, Milk	30 Breakfast: <u>Pancakes, w/Sausage Or Cereal,</u> Fresh Fruit, Juice, Milk Lunch: Chili Beans, Gr. Salad. Corn, Pears, Corn Muffin, Milk	

Breakfast price is \$1.50 - Lunch is \$2.75 x 17 days in October = \$72.25 Total!

Grab & Go Breakfast for \$1.50! (4th – 8th Grade)

UBR Cookie, Fruit, Milk	Muffin, Fruit, Milk	Graham Cracker, Yogurt, Fruit, Milk	Granola Bar, Cheese Stick, Fruit, Milk	Un crustable, Fruit, Milk
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**** Menu subject to change on any given day. Notice will be given if possible. ****