



Lake School Menu



January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
8 Breakfast: French Toast Sticks, Or Cereal, St. Cheese, Fresh Fruit, Juice Lunch: Chicken Nuggets, Gr. Salad, Carrots, Mixed Fruit, Roll, Milk	9 Breakfast: Banana Bread, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Chicken Alfredo, Gr. Salad, Gr. Beans, Pears, Roll, Milk	10 Breakfast: Bagel w/cream cheese, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Cheese Pizza, Gr. Salad, Mixed Veg. Pineapple, Milk	11 Breakfast: Breakfast Bun, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Taco Soup, Gr. Salad, Corn, Peaches Corn Muffin, Milk	12 Breakfast: Muffin, Or Cereal, Yogurt, Fresh Fruit, Juice, Milk Lunch: Pork Rib Sandwich, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk
15 Martin Luther King Day	16 Breakfast: Scrambled Eggs w/Biscuit, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Soft Taco, Gr. Salad, Refried. Beans, Peaches, Milk	17 Breakfast: Yogurt Parfait, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins, Roll, Milk	18 Breakfast: Waffles, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Sloppy Joe, Gr. Salad, Corn, Fr. Cocktail, Milk	19 Breakfast: Breakfast Pizza, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Hot dog, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk
22 Breakfast: French Toast Sticks, Or Cereal, St. Cheese, Fresh Fruit, Juice Milk Lunch: Chicken Fajitas, Gr. Salad, Refried Beans, Mixed Fruit, Milk	23 Breakfast: Biscuits w/Gravy, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Chicken Gravy, Mashed Potatoes, Gr. Salad, Peaches, Roll, Milk	24 Breakfast: English Muffin Br. Sand., Or Cereal, Fresh Fruit, Juice, Milk Lunch: French Bread Pizza, Gr. Salad, Mixed Veg. Pineapple, Milk	25 Breakfast: Lemon Scone Or Cereal, Fresh Fruit, Juice, Milk Lunch: Meatball Sub, Gr. Salad, Gr. Beans, Pears, Milk	26 Breakfast: Muffin, Or Cereal, Yogurt, Fresh Fruit, Juice, Milk Lunch: Grilled Chicken sandwich Gr. Salad, Baby Carrots, Applesauce, Milk
29 Breakfast: Oatmeal, Or Cereal, St. Cheese, Fresh Fruit, Juice, Milk Lunch: Corn Dog, Gr. Salad, Carrots, Peaches, Milk	30 Breakfast: Buttermilk Bar Or Cereal, Fresh Fruit, Juice, Milk Lunch Lasagna, Gr. Salad, Mixed Veg., Fr. Cocktail, Roll, Milk	31 Breakfast: Pancakes w/Sausage Or Cereal, Fresh Fruit, Juice, Milk Lunch: Pulled Pork Sandwich, Gr. Salad, Broccoli, Pineapple, Milk	1 Breakfast: Cinnamon Roll, Or Cereal, Fresh Fruit, Juice, Milk Lunch: Nachos, Gr. Salad, Refried Beans, Pears, Milk	2 Breakfast: Breakfast Pizza, Or Cereal, Fresh Fruit, Juice, Milk Lunch Hamburger, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk

Breakfast price is \$1.50 - Lunch is \$2.75 x 19 days in January= \$80.75 Total!

Grab & Go Breakfast for \$1.50! (4th – 8th Grade)

UBR Cookie, Fruit, Milk	Muffin, Fruit, Milk	Graham Cracker, Yogurt, Fruit, Milk	Granola Bar, Cheese Stick, Fruit, Milk	Uncrustable, Fruit, Milk
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**This institution is an equal opportunity provider and employer
 ** Menu subject to change on any given day. Notice will be given if possible. ****