



# Lake School Menu



December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>Breakfast:</b> <u>Muffin</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Turkey Sandwich, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk
<b>4</b> <b>Breakfast:</b> <u>Oatmeal</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Chicken Pasta, Gr. Salad, Carrots, Pears, Roll, Milk	<b>5</b> <b>Breakfast:</b> <u>Banana Bread</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Soft Taco, Gr. Salad, Refried. Beans, Peaches, Milk	<b>6</b> <b>Breakfast:</b> <u>Bagel w/cream cheese</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins , Milk	<b>7</b> <b>Breakfast:</b> <u>Breakfast Bun</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Sloppy Joe, Gr. Salad, Corn, Fr. Cocktail, Milk	<b>8</b> <b>Breakfast:</b> <u>Breakfast Pizza</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Hot dog, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk
<b>11</b> <b>Breakfast:</b> <u>French Toast</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice Milk  <b>Lunch:</b> Chicken Fajitas, Gr. Salad, Refried Beans, Mixed Fruit, Milk	<b>12</b> <b>Breakfast:</b> <u>Biscuits w/Gravy</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Chicken Gravy, Mashed Potatoes, Gr. Salad, Peaches, Roll, Milk	<b>13</b> <b>Breakfast:</b> <u>Yogurt Parfait</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> French Bread Pizza, Gr. Salad, Mixed Veg. Pineapple, Milk	<b>14</b> <b>Breakfast:</b> <u>Lemon Scone</u> Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Meatball Subs, Gr. Salad, Gr. Beans, Pears, Milk	<b>15</b> <b>Breakfast:</b> <u>Muffin</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Hamburger Gr. Salad, Oven Fries Baby Carrots, Applesauce, Milk
<b>18</b> <b>Breakfast:</b> <u>Oatmeal</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Grilled Chicken Sandwich, Gr. Salad, Gr. Beans, Peaches, Milk	<b>19</b> <b>Breakfast:</b> <u>Buttermilk Bar</u> Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch</b> Spaghetti, Gr. Salad, Mixed Veg., Fr. Cocktail, Bread Stick, Milk	<b>20</b> <b>Breakfast:</b> <u>Pancakes, w/Sausage</u> Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Baked Ham, Rice Pilaf, Gr. Salad, Broccoli, Pineapple, Roll, Milk	<b>21</b> <b>Breakfast:</b> <u>Cinnamon Roll</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch:</b> Burrito, Gr. Salad, Corn, Pears, Milk	<b>22</b> <b>Breakfast:</b> <u>Breakfast Pizza</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk  <b>Lunch</b> Corn Dog Gr. Salad, Carrots, Applesauce, Milk
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<h2 style="margin: 0;">Christmas Break</h2>				

**Breakfast price is \$1.50 - Lunch is \$2.75 x 16 days in December= \$68.00 Total!**

**Grab & Go Breakfast for \$1.50! (4<sup>th</sup> – 8<sup>th</sup> Grade)**

UBR Cookie, Fruit, Milk	Muffin, Fruit, Milk	Graham Cracker, Yogurt, Fruit, Milk	Granola Bar, Cheese Stick, Fruit, Milk	Uncrustable, Fruit, Milk
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**This institution is an equal opportunity provider and employer**

**\*\* Menu subject to change on any given day. Notice will be given if possible. \*\***