



Lake School Menu



December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast: <u>Muffin</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Turkey Sandwich, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk
4 Breakfast: <u>Oatmeal</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice, Milk Lunch: Chicken Pasta, Gr. Salad, Carrots, Pears, Roll, Milk	5 Breakfast: <u>Banana Bread</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Soft Taco, Gr. Salad, Refried. Beans, Peaches, Milk	6 Breakfast: <u>Bagel w/cream cheese</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins , Milk	7 Breakfast: <u>Breakfast Bun</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Sloppy Joe, Gr. Salad, Corn, Fr. Cocktail, Milk	8 Breakfast: <u>Breakfast Pizza</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Hot dog, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk
11 Breakfast: <u>French Toast</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice Milk Lunch: Chicken Fajitas, Gr. Salad, Refried Beans, Mixed Fruit, Milk	12 Breakfast: <u>Biscuits w/Gravy</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Chicken Gravy, Mashed Potatoes, Gr. Salad, Peaches, Roll, Milk	13 Breakfast: <u>Yogurt Parfait</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: French Bread Pizza, Gr. Salad, Mixed Veg. Pineapple, Milk	14 Breakfast: <u>Lemon Scone</u> Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Meatball Subs, Gr. Salad, Gr. Beans, Pears, Milk	15 Breakfast: <u>Muffin</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Hamburger Gr. Salad, Oven Fries Baby Carrots, Applesauce, Milk
18 Breakfast: <u>Oatmeal</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice, Milk Lunch: Grilled Chicken Sandwich, Gr. Salad, Gr. Beans, Peaches, Milk	19 Breakfast: <u>Buttermilk Bar</u> Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch Spaghetti, Gr. Salad, Mixed Veg., Fr. Cocktail, Bread Stick, Milk	20 Breakfast: <u>Pancakes, w/Sausage</u> Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Baked Ham, Rice Pilaf, Gr. Salad, Broccoli, Pineapple, Roll, Milk	21 Breakfast: <u>Cinnamon Roll</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Burrito, Gr. Salad, Corn, Pears, Milk	22 Breakfast: <u>Breakfast Pizza</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch Corn Dog Gr. Salad, Carrots, Applesauce, Milk
25	26	27	28	29
<div style="border: 1px solid black; padding: 10px; margin: 0 auto; width: 80%;"> <h2 style="margin: 0;">Christmas Break</h2> </div>				

Breakfast price is \$1.50 - Lunch is \$2.75 x 16 days in December= \$68.00 Total!

Grab & Go Breakfast for \$1.50! (4th – 8th Grade)

UBR Cookie, Fruit, Milk	Muffin, Fruit, Milk	Graham Cracker, Yogurt, Fruit, Milk	Granola Bar, Cheese Stick, Fruit, Milk	Uncrustable, Fruit, Milk
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This institution is an equal opportunity provider and employer

**** Menu subject to change on any given day. Notice will be given if possible. ****