






Lake School Menu



May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast: <u>Bagel w/cream cheese</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: French Bread Pizza, Gr. Salad, Mixed Veg., Pineapple, Milk	2 Breakfast: <u>Biscuits & Gravy</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Pork Roast Gravy, Steamed Rice, Gr. Salad, Gr. Beans, Mixed Fruit, Roll, Milk	3 Breakfast: <u>Muffin</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Turkey Sandwich, Gr Salad ,Oven Fries Baby Carrots, Fruit, Milk
6 Breakfast: <u>Oatmeal</u> , Or <u>Cereal</u> , String Cheese, Fresh Fruit, Juice, Milk Lunch: Chicken Gravy, Gr. Salad, Mashed Potatoes Peaches, Roll, Milk	7 Breakfast: <u>Cinnamon Roll</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Baked Ham, Rice Pilaf, Gr. Salad, Gr. Beans, Pineapple, Roll, Milk	8 Breakfast: <u>Yogurt Parfait</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Chicken Patty Sandwich, Gr. Salad, Broccoli Mixed Fruit, Milk	9 Breakfast: <u>Buttermilk Bar</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Chili Beans, Gr. Salad, Corn, Pears, Corn Muffin, Milk	10 Breakfast: <u>Breakfast Pizza</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Hot Dog, Gr. Salad ,Oven Fries, Baby Carrots, Fruit, Milk
13 Breakfast: <u>French Toast Sticks</u> , Or <u>Cereal</u> , St. Cheese, Fresh Fruit, Juice Lunch: Chicken Fajitas, Gr. Salad, Refried Beans Peaches, Milk	14 Breakfast: <u>Breakfast Bun</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Chicken Alfredo, Gr. Salad, Broccoli, Pears, Roll, Milk	15 Breakfast: <u>Banana Bread</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Pulled Pork Sandwich, Gr. Salad, Gr. Beans, Pineapple, Milk	16 	17 
20 Breakfast: <u>Pancake</u> Or <u>Cereal</u> ,Sausage, Fresh fruit, Juice, Milk Lunch: Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins, Roll, Milk	21 Breakfast: <u>Lemon Scone</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Soft Taco, Gr. Salad, Refried Beans, Pineapple, Milk	22 Breakfast: <u>Yogurt Parfait</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Corn Dog, Gr. Salad, Carrots Mixed Fruit, Milk	23 Breakfast: <u>Breakfast Croissant</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Spaghetti, Gr. Salad, Gr. Beans, Peaches, Bread Stick, Milk	24 Breakfast: <u>Muffin</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Hamburger, Gr. Salad, Oven Fries Baby Carrots, Fruit, Milk
27 	28 Breakfast: <u>Cinnamon Roll</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Nachos, Gr. Salad, Refried Beans, Mixed Fruit, Milk	29 Breakfast: <u>Breakfast Casserole</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Baked Chicken, Mashed Pot. w/Gravy, Gr. Salad, Pears, Roll, Milk	30 Breakfast: <u>Waffle</u> , Or <u>Cereal</u> , Sausage, Fresh Fruit, Juice, Milk Lunch: Meatball Sub, Gr. Salad, Broccoli, Pears, Milk	31 Breakfast: <u>Breakfast Pizza</u> , Or <u>Cereal</u> , Fresh Fruit, Juice, Milk Lunch: Ham Sandwich, Gr. Salad, Oven Fries Baby Carrots, Fruit , Milk

Breakfast price is \$2.00 - Lunch is \$2.75 x 20 days in May = \$95.00 Total!

Grab & Go Breakfast for \$2.00! (4th – 8th Grade)

UBR Cookie, Fruit ,Juice, Milk	Muffin, Fruit, Juice, Milk	Graham Cracker, Yogurt, Fruit, Juice, Milk	Granola Bar, Cheese, Fruit, Juice, Milk	Uncrustable, Fruit, Juice, Milk
--------------------------------	----------------------------	---	--	---------------------------------

**This institution is an equal opportunity provider and employer
 ** Menu subject to change on any given day. Notice will be given if possible. ****