



# Lake School Menu

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>8</b> <b>Breakfast:</b> Yogurt Parfait, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Orange Chicken, Brown Rice, Gr. Salad, Broccoli, Mandarins, Roll, Milk	<b>9</b> <b>Breakfast:</b> Pancakes, Or Cereal, Sausage, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Chicken Fajitas, Gr. Salad, Refried Beans, Peaches, Milk	<b>10</b> <b>Breakfast:</b> Muffin, Or Cereal, Yogurt, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Real PB&J, Gr. Salad, Baby Carrots, Fruit ,Milk
<b>13</b> <b>Breakfast:</b> French Toast Sticks, Or Cereal, St. Cheese, Fresh Fruit, Juice  <b>Lunch:</b> Soft Taco, Gr. Salad, Refried Beans, Mixed Fruit, Milk	<b>14</b> <b>Breakfast:</b> Cinnamon Roll, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Baked Ham, Rice Pilaf, Gr. Salad, Gr. Beans, Pineapple, Roll, Milk	<b>15</b> <b>Breakfast:</b> Bagel w/cream cheese, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Lasagna, Gr. Salad, Broccoli, Pears, Roll, Milk	<b>16</b> <b>Breakfast:</b> English Muffin Sandwich, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Chili Beans Gr. Salad, Corn, Peaches, Corn Muffin, Milk	<b>17</b> <b>Breakfast:</b> Breakfast Pizza, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Hot dog, Gr. Salad, Oven Fries Baby Carrots, Milk
<b>20</b> <b>Breakfast:</b> Oatmeal, Or Cereal, St. Cheese, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Chicken Burrito Bowl, Gr. Salad, Corn, Peaches, Milk	<b>21</b> <b>Breakfast:</b> Lemon Scone, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Pulled Pork Sand., Gr. Salad, Gr. Beans, Pears, Milk	<b>22</b> <b>Breakfast:</b> Breakfast Bun, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> French Bread Pizza, Gr. Salad, Mixed Veg. Pineapple, Milk	<b>23</b> <b>Breakfast:</b> Ham & Potato Cass, Or Cereal, Biscuit, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Chicken Pasta, Gr. Salad, Gr. Beans, Mixed Fruit, Roll, Milk	<b>24</b> <b>Breakfast:</b> Muffin, Or Cereal, Yogurt, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Turkey Sandwich Gr. Salad, Carrots, Peach Crisp, Milk
<b>27</b> <b>Breakfast:</b> Waffles, Or Cereal, Sausage, Fresh Fruit, Juice  <b>Lunch:</b> Cheese Pizza, Gr. Salad, Broccoli, Pineapple, Milk	<b>28</b> <b>Breakfast:</b> Buttermilk Bar, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Spaghetti, Gr. Salad, Broccoli, Peaches, Breadstick , Milk	<b>29</b> <b>Breakfast:</b> Yogurt Parfait, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Nachos, Gr. Salad, Refried Beans, Pears, Milk	<b>30</b> <b>Breakfast:</b> Biscuits w/Gravy, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Turkey Gravy, Mashed Potatoes, Gr. Salad, Mixed Fruit, Roll, Milk	<b>31</b> <b>Breakfast:</b> Breakfast Pizza, Or Cereal, Fresh Fruit, Juice, Milk  <b>Lunch:</b> Hamburger, Gr. Salad, Oven Fries, Baby Carrots, Fruit, Milk

**Breakfast price is \$2.00 - Lunch is \$2.75 x 18 days in August= \$89.50 Total!**

**Grab & Go Breakfast for \$2.00! (4<sup>th</sup> – 8<sup>th</sup> Grade)**

UBR Cookie, Fruit ,Juice, Milk	Muffin, Fruit, Juice, Milk	Graham Cracker, Yogurt, Fruit, Juice, Milk	Granola Bar, Cheese Stick, Fruit, Juice, Milk	Uncrustable, Fruit, Juice, Milk
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**This institution is an equal opportunity provider and employer**

**\*\* Menu subject to change on any given day. Notice will be given if possible. \*\***